



## 2018 EASTER COURSE

The 2018 Easter Bank Holiday weekend gives you the opportunity to join in with Everton Swimming Association's historical Easter Course.

This year the Easter Course will run for three and a half days and will take place at Liverpool University's Sports facilities from Friday 30<sup>th</sup> March to Monday 2<sup>nd</sup> April. Each day will start at 8.45a.m. and finish at approximately 5.30 p.m. apart from Easter Monday when it will finish at approximately 1.00p.m.

Swimmers in Group Four / Bee Squad / Inter A and A Squad you are all invited to come along and join your team mates for an enjoyable and fun-filled training weekend which includes an intensive swimming schedule (that will help to improve both your technique and stamina), plus land training and team building sessions.

You will also have immense fun taking part in the famous "Bobstacle Course".

After three days of hard work and numerous miles of swimming we like to make your last day of the Easter Course a day to remember.

You will be placed into a team for the Everton S.A. 2018 Easter Course Swimming Gala, take part in a fancy-dress parade and have lots of fun!

***May the best team win!!!***

After the Gala the Easter Course is drawn to a close with a short Presentation Ceremony.

Everton's Easter Course has been running for nearly 50 years. The success of this course really is reliant on parent help. If each parent could give just 1 hour of their time to help in some way; either in the kitchen, making a pan of curry/chilli/scouse, helping out in the Gym sessions with the kids but to name a few then it would be gratefully received.

The Easter Course is a great opportunity not to be missed, a great opportunity to make new friends for both swimmers taking part in the course but also ADULTS too. Lots of fun to be had with your team mates and coaches alike!

Unfortunately, we do have a limited number of places for the Easter Course. Places are allocated on a first come first served basis so, to avoid disappointment, reserve your place today by completing the enclosed Application, Medical and Photograph /



## 2018 EASTER COURSE

Video Consent Forms and return them with a **Stamped Addressed Envelope** plus the appropriate fee by **Saturday 3<sup>rd</sup> March 2018** to: -

- Cathy Boardman
- Diane Thomas
- Lyndsay Cornell
- Steve Templeton

Post-dated cheques dated 23<sup>rd</sup> March 2018 are acceptable.

Please make cheques payable to Everton S.A.

The cost for Everton S.A.'s 2018 Easter Course is: -

£65 for one swimmer;

£120 for a family of two swimmers; and

£165 for a family of three swimmers.

### **PAYMENT PLAN**

For those parents who would like to make payments from now until the Easter Course you can set up a "Payment Plan". Sort Code 77-17-10 Account Number 51657168 (same account you pay swimming fees into).

Please use "EASTER" and your child's "SURNAME" as the reference. If you make any payments in lieu of the Easter Course would you kindly let Steve Templeton (ESA's Treasurer) know. Steve's email address is: [stetempleton@hotmail.co.uk](mailto:stetempleton@hotmail.co.uk)

Once applications have been accepted, unfortunately, we cannot refund your fee.

Please note anybody not accepted onto the Easter Course will be refunded in full.

Regards,

Everton S.A.



**2018 EASTER COURSE**

**APPLICATION FORM**

**I WISH TO BE CONSIDERED FOR EVERTON S.A.'s 2018 EASTER COURSE.**

**NAME: -.....**

**ADDRESS: -.....**

.....

**D.O.B. ....M/F.....**

**Group/Squad/Club.....**

**PARENTS SIGNATURE: - .....**

**NAME: - .....**

**Email address: -.....**

**TEL No: - .....**



## 2018 EASTER COURSE

### MEDICAL FORM

Please complete the following details, no swimmer will be allowed to take part in the Easter Course unless we have a fully completed Medical Form.

**NAME:** - .....

**ADDRESS:** - .....

.....

**TEL No:** - .....

Should we be unable to contact a parent / guardian on the above number; please let us have details of a person who we can contact that could act on behalf of the parent / guardian.

**NAME:** - .....

**Relationship to swimmer:** - .....

**ADDRESS:** - .....

.....

**EMERGENCY TEL. No:** - .....

Does the swimmer suffer from any medical conditions, allergies or are there any other details you feel we should know about?

I confirm that.....  
is/are able to take part in Everton S.A.'s 2018 Easter Course.

..... signed parent/guardian



## 2018 EASTER COURSE

### PHOTOGRAPH / VIDEO CONSENT FORM

During the Easter Course photographs and / or videos may be taken by Everton S.A. and / or swimmers family and / or friends.

We would be grateful if you would fill in this Form to give us permission to take photographs and / or videos of your child(ren) which may be used on our / or their website and / or social media.

I give Everton S.A. and / or swimmers family and / or friends permission to take photographs and / or videos of my child / children.

**Name of swimmer(s):** - .....

.....

**Name of parent / guardian:** - .....

**Signature of parent / guardian:** - .....

**Date:** - .....

**PLEASE DO NOT FORGET TO INCLUDE A STAMPED, ADDRESSED ENVELOPE WITH YOUR APPLICATION FORM.**



## 2018 EASTER COURSE

### PARENTS/GUARDIANS/COACHES

I would ask all parents to accompany their child(ren) to the Sports Hall, at 8.30 a.m. on the first morning (Good Friday), for the introductory / health and safety speech.

**It is most important that swimmers are not dropped off at 8.30 a.m. and left unsupervised all day.**

**Please make sure that any children who are not taking part in the Easter Course are supervised by an adult at all times. Failure to do so could result in your child being asked to leave the centre and could affect our future Easter Course at the University.**

Car parking is available at the University; however, the University does not own the car park. In previous years we have managed to secure a £1.00 a day parking charge (which I will endeavor to do again this time). Please be aware that you must park in designated bays only.

The Easter Course succeeds by way of involvement not only from the obvious people being the swimmers, coaches, helpers and the committee but also by you, the parents, getting involved either by helping out with catering, helping out in the kitchen but also assisting with the gym sessions.

If you would like to volunteer please indicate below the days and times you would be available and what you would like to volunteer for. I will draw up a rota and circulate it the week prior to the Easter Course.

Swimming coaches will be directed by the Course Director.

We also rely on, and are grateful to receive, donations of food and cakes and / or donations towards our raffle (bottles of wine, unwanted gifts, Easter Eggs etc).



## 2018 EASTER COURSE

I WOULD LIKE TO VOLUNTEER FOR? (Please complete as appropriate)

<b>FRI</b>		<b>SAT</b>		<b>SUN</b>		<b>MON</b>
<b>am</b>	<b>pm</b>	<b>am</b>	<b>pm</b>	<b>am</b>	<b>pm</b>	<b>am</b>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Signed: - .....

Parent(s) / Guardian(s) of: -

.....