

# Everton Swimming Association

(Affiliated to the Swim North West A.S.A.)

Chairman Mr.T Rock  
Chief Coach Mr.T Pickstock

Vice Chairman Mr.T Sharp  
Secretary Mrs L Stuttard



Website: [www.evertonsa.com](http://www.evertonsa.com) Twitter :@EvertonESA

Swimmers  
Name

Dear Swimmers/parents/guardians,

Please find attached some of the meet information, the program of events and an entry form for the **Lancashire County Championships 2018** to be held at the **Manchester & Liverpool Aquatics Centre** on **20<sup>th</sup> 27<sup>th</sup> 28 Jan 18 & 3<sup>rd</sup> 4<sup>th</sup> Feb 2018**.  
The full meet conditions are available to read on our website: <http://www.swimlancashire.org.uk/>

Once **FULLY COMPLETED**, Please return forms to **Cathy Boardman**, via your squad coach, or post to:  
**Neil White, 7 Mossgate Grove, L14 0JT** by **Monday 18<sup>th</sup> December 2017** Thanks, **NEIL**

<b>Club</b>	<b>EVERTON SA</b>		
<b>ASA No.</b>		<b>Gender</b>	
<b>Date Of Birth</b>			
<b>Address</b>		<b>Tel no.</b>	
		<b>Email</b>	

Event	Time (50m)	Where and When Achieved? (THESE WILL BE CHECKED AGAINST THE RANKINGS)
50m Freestyle		
100m Freestyle		
200m Freestyle		
400m Freestyle		
800m Freestyle (GIRLS)		
1500m Freestyle (BOYS)		
50m Backstroke		
100m Backstroke		
200m Backstroke		
50m Breaststroke		
100m Breaststroke		
200m Breaststroke		
50m Butterfly		
100m Butterfly		
200m Butterfly		
100M Individual Medley		
200m Individual Medley		
400m Individual Medley		

Total Number of Entries			
Total (£ <b>COST</b> per individual)			
Swimmer's Signature		<b>Date</b>	
Signed Parent/Guardian (If swimmer is under 18 years)		<b>Date</b>	

**\*\*Cash AND cheques acceptable - Please make cheques payable to 'EVERTON SA'\*\***

# 2018 Lancashire County Qualifying Times – Age as of 31<sup>st</sup> December 2018

Session1	Liverpool	20 January 2018	Warm up TBC	Session 2	Liverpool	20 January 2018	Warm up TBC
Event 1	Female	800m Freestyle HDW	Age 12 Over	Event 201	Male	1500m Freestyle HDW	Age 12 Over
Event 2	Male	400m Ind. Medley HDW	Age 12 Over	202	Female	400m Ind. Medley HDW	Age 12 Over
Event 3	Female	200m Breaststroke HDW	Age 10/11 Over	203	Male	200m Breaststroke HDW	Age 10/11 Over

Session 3	Manchester	27 January 2018	Warm up TBC	Session 4	Manchester	27 January 2018	Warm up TBC
Event 301	Male	100m Freestyle Heats	Age 10/11 Over	Event 401	Female	100m Breaststroke Heats	Age 10/11 Over
302	Female	200m Ind. Medley HDW	Age 10/11 Over	402	Male	50m Butterfly Heats	Age 10/11 Over
303	Male	200m Backstroke HDW	Age 10/11 Over	403	Female	400m Freestyle HDW	Age 10/11 Over
304-310	Male	100m Freestyle Finals	Age 10/11 Over	404-410	Male	50m Butterfly Finals	Age 10/11 Over
				411-417	Female	100m Breaststroke Finals	Age 10/11 Over

Session 5	Manchester	28 January 2018	Warm up TBC	Session 6	Manchester	28 January 2018	Warm up TBC
Event 501	Female	100m Freestyle Heats	Age 10/11 Over	Event 601	Male	100m Breaststroke Heats	Age 10/11 Over
502	Male	200m Ind. Medley HDW	Age 10/11 Over	602	Female	50m Butterfly Heats	Age 10/11 Over
503	Female	200m Backstroke HDW	Age 10/11 Over	603	Male	400m Freestyle HDW	Age 10/11 Over
504-510	Female	100m Freestyle Finals	Age 10/11 Over	604-610	Female	50m Butterfly Finals	Age 10/11 Over
				611-617	Male	100m Breaststroke Finals	Age 10/11 Over

Session 7	Manchester	3 February 2018	Warm up TBC	Session 8	Manchester	3 February 2018	Warm up TBC
Event 701	Male	100m Backstroke Heats	Age 10/11 Over	Event 801	Male	100m Butterfly Heats	Age 10/11 Over
702	Female	50m Freestyle Heats	Age 10/11 Over	802	Female	50m Backstroke Heats	Age 10/11 Over
703	Male	50m Breaststroke Heats	Age 10/11 Over	803	Male	200m Freestyle HDW	Age 10/11 Over
704	Female	200m Butterfly HDW	Age 10/11 Over	804-810	Female	50m Backstroke Finals	Age 10/11 Over
705-711	Male	100m Backstroke Finals	Age 10/11 Over	811-817	Male	100m Butterfly Finals	Age 10/11 Over
712-718	Female	50m Freestyle Finals	Age 10/11 Over				
719-725	Male	50m Breaststroke Finals	Age 10/11 Over				

Session 9	Manchester	4 February 2018	Warm up TBC	Session 10	Manchester	4 February 2018	Warm up TBC
Event 901	Female	100m Backstroke Heats	Age 10/11 Over	1001	Female	100m Butterfly Heats	Age 10/11 Over
902	Male	50m Freestyle Heats	Age 10/11 Over	1002	Male	50m Backstroke Heats	Age 10/11 Over
903	Female	50m Breaststroke Heats	Age 10/11 Over	1003	Female	200m Freestyle HDW	Age 10/11 Over
904	Male	200m Butterfly HDW	Age 10/11 Over	1004-1010	Male	50m Backstroke Finals	Age 10/11 Over
905-911	Female	100m Backstroke Finals	Age 10/11 Over	1011-1017	Female	100m Butterfly Finals	Age 10/11 Over
912-918	Male	50m Freestyle Finals	Age 10/11 Over				
919-925	Female	50m Breaststroke Finals	Age 10/11 Over				

# LANCASHIRE COUNTY WATER POLO & SWIMMING ASSOCIATION

## AGE GROUPS AND CHAMPIONSHIPS 2018

### CONSIDERATION TIMES

Licence Nos 1NW 180030 1NW 180031 1NW 180032

#### Consideration Times - Short Course - BOYS

Age as at 31 December 2018

	10/11	12	13	14	15	16	17/Ov.
EVENT							
50m Freestyle	37.0	34.0	31.5	30.5	29.5	29.0	28.0
100m Freestyle	1:16.5	1:11.5	1:08.0	1:05.0	1:02.0	1:01.0	1:00.0
200m Freestyle	2:47.5	2:36.5	2:28.0	2:22.0	2:15.0	2:14.0	2:12.0
400m Freestyle	5:55.0	5:32.0	5:13.0	5:00.0	4:48.5	4:45.5	4:41.5
1500m Freestyle	<b>No Event</b>	21:08.0	19:39.0	18:58.5	18:20.5	18:16.5	18:14.5
50m Breaststroke	47.5	44.0	40.0	39.0	36.5	35.5	35.0
100m Breaststroke	1:42.0	1:36.0	1:28.5	1:24.0	1:20.0	1:19.0	1:18.0
200m Breaststroke	3:38.0	3:24.0	3:10.0	3:00.5	2:53.0	2:52.0	2:50.0
50m Butterfly	40.0	38.00	34.5	32.5	31.0	30.5	30.0
100m Butterfly	1:26.5	1:21.5	1:17.5	1:14.0	1:09.0	1:07.5	1:06.0
200m Butterfly	3:15.0	3:03.	2:50.0	2:44.0	2:35.0	2:33.0	2:30.0
50m Backstroke	40.5	37.5	35.5	34.0	32.5	31.5	30.5
100m Backstroke	1:27.5	1:21.5	1:18.0	1:14.0	1:10.0	1:09.5	1:09.0
200m Backstroke	3:07.0	2:55.0	2:47.0	2:39.0	2:32.0	2:31.0	2:30.0
200m Ind. Med	3:09.0	2:57.0	2:49.0	2:41.0	2:34.5	2:33.0	2:31.0
400m Ind. Med	<b>No Event</b>	6:20.0	6:00.0	5:45.0	5:33.0	5:31.0	5:29.0

#### Consideration Times - Short Course – GIRLS

Age as at 31 December 2018

	10/11	12	13	14	15	16	17/Ov.
EVENT							
50m Freestyle	37.0	33.5	32.0	31.0	30.5	30.0	29.5
100m Freestyle	1:17.0	1:13.0	1:09.5	1:08.0	1:06.5	1:05.5	1:05.0
200m Freestyle	2:47.5	2:37.0	2:30.5	2:28.0	2:24.0	2:22.5	2:21.0
400m Freestyle	5:55.0	5:32.0	5:17.0	5:12.0	5:06.0	5:03.0	5:00.0
800m Freestyle	<b>No Event</b>	10:51.5	10:28.5	10:15.0	10:06.0	10:03.0	10:00.0
50m Breaststroke	47.0	43.0	40.5	39.5	38.5	38.0	37.5
100m Breaststroke	1:40.5	1:34.0	1:30.0	1:28.0	1:27.0	1:26.0	1:25.0
200m Breaststroke	3:37.0	3:23.0	3:12.0	3:09.5	3:08.0	3:06.5	3:05.5
50m Butterfly	40.0	38.0	35.0	34.0	33.5	33.0	32.5
100m Butterfly	1:28.0	1:23.0	1:19.0	1:17.0	1:15.0	1:14.0	1:13.0
200m Butterfly	3:15.0	3:04.0	2:54.0	2:50.0	2:46.0	2:44.5	2:42.5
50m Backstroke	40.5	38.0	36.5	35.5	35.0	34.5	34.0
100m Backstroke	1:27.5	1:23.5	1:20.0	1:17.5	1:16.0	1:15.0	1:14.5
200m Backstroke	3:10.0	2:58.0	2:49.5	2:46.0	2:42.5	2:41.0	2:39.0
200m Ind. Med	3:10.0	3:00.0	2:51.0	2:49.0	2:46.0	2:44.0	2:42.0
400m Ind. Med	<b>No Event</b>	6:24.0	6:05.0	5:58.0	5:54.0	5:52.0	5:50.0

All times must have been achieved between

1 March 2017 and 22 December 2017 from a licensed meet (Levels 1,2,3 or 4 ) No split times accepted.